

# FULL MOON MEDITATION & HEALING RING OF TANTRA

Friday November 27, 2009

(11<sup>th</sup> day after new moon)

7-8:30 PM

3919 West Creek Club Drive

Missouri City

*SUGGESTED LOVE OFFERING: \$10*

This group meditation is done on the days of the full moon, new moon, and eleventh day of the new moon  
(when the lunar effect on the glandular system is at its greatest and most effective for meditation).  
The healing ring is used to generate and direct healing energy towards any person or group.  
You may ask to lie in the center of the circle to receive healing for yourself.  
We will end with a gong meditation for a complete chakra clearing.

*Yogi tea will be served after class*

Please RSVP Charlene at 281-261-9591